

Turkey Breast Sandwich with Apple, Brie and Honey

4 ounces turkey breast
2 ounce light brie
6 slices granny smith apples
2 teaspoon honey
4 slices whole grain bread

Toast Bread. For each sandwich add 2 ounces turkey breast, 1 ounce brie, 3 sliced apples and 1 tsp honey. Serve.

Serves 2

Calories 330 Fat 11g Carbohydrate 35g Dietary Fiber 5g Protein 20g Sodium 880mg